Dissertation - relevant media

Collection of media to review, take notes on, and potentially reference in the creation of my game and writing of my dissertation.

## Articles

| Games about mental health | List of games to do with mental health | https://screenrant.com/best-video-games-about-mental-health/ |
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| Games for understanding mental health | Games that teach about MH | https://www.gameinformer.com/opinion/2020/09/30/games-to-play-for-better-mental-health-understanding |
| General games for wellbeing | Benefits of playing games in general | https://www.mind.org.uk/get-involved/donate-or-fundraise/do-your-own-fundraising/stream-for-mind/streaming-and-gaming-for-mind-your-wellbeing/ |
| Kindness is contagious | Academic - adapting persuasive games for wellbeing | https://dl.acm.org/doi/abs/10.1145/3209219.3209233 |
| Exploring game for men and mental health | Gamification of mental health, aimed as specific gorup | https://www.sciencedirect.com/science/article/pii/S2214782918300836 |
| Analysis of serious games for mental health | Academic - analysing games designed to help MH | https://www.frontiersin.org/articles/10.3389/fpsyt.2016.00209/full |
| Gamification for mental health | Mental health, education, MH | https://www.frontiersin.org/articles/10.3389/fpsyt.2016.00215/full |
| Kindness media | Media affecting audiences wellbeing | https://www.frontiersin.org/articles/10.3389/fpsyg.2020.591942/full |
| Netflix affect audiences | TV and audiences, hobby uptake | https://studenttheses.uu.nl/handle/20.500.12932/9 |
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## Games and Apps

| Gris | Game | Depression, grief, therapuetic |
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| Florence | Game | Grief, theraputic |
| Night in the Woods | Game | Depression, representation |
| Headspace | App | Medication companion |
| CBT companion | App | Therapy companion |

## Videos

| Emily Short on Interactive Fiction | Interactive fiction, writing for games, narrative etc | [AdventureX 2016 - Emily Short: The Past, Present and Future of Interactive Fiction](https://www.youtube.com/watch?v=bx5ZLGBZAWs) |
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| Value of wholesome games | Wholesome games | [The Value of WHOLESOME GAMES (a video-essay to make you feel better)](https://www.youtube.com/watch?v=et4P6HYr4jg) |
| Gris colour use | Environmental storytelling, emotional games | [How Gris Made You Cry With Its Colors](https://www.youtube.com/watch?v=A-UD-aW2tpg) |
| Video games and therapy | Games for wellbeing | https://www.youtube.com/watch?v=VJe9nXGvwaw |
| Games cognitive therapy and motivation | Games for wellbeing, connections between the two | [Games, cognitive therapy and motivation - Low Batteries](https://www.youtube.com/watch?v=KB2wbmfDnkE) |